

**WORKSHOPS  
THAT WORK**



# TOGETHER WE THRIVE

## SIMPLE STEPS FOR BUILDING A BETTER TEAM

### COMPANY CULTURE IS MORE THAN FREE SNACKS; IT'S HOW MONDAY FEELS.

How do you feel when you log in to the office on Monday morning? Excited? Nervous? Filled with dread? The average person will spend 90,000 hours at work over a lifetime, and we don't get to handpick our coworkers. The challenge is that we have to not only co-exist with each other; we have to *work* with each other. Teamwork and a thriving work culture don't just happen organically. It's something leaders and teams must be intentional about. This workshop will help you understand what true teamwork looks like, give you practical tools for conflict resolution, and tips on how to improve your office environment to foster a positive, healthy team.



#### **Conflict into Collaborate**

Learn about avoidance, conflict styles, and simple tools to develop trust and collaboration.



#### **Build a Better Team**

Learn how to create a sense of unity while also celebrating employees' differences.



#### **Cultivate Your Culture**

Evaluate your existing workplace culture and learn easy steps to make it thrive.



#### **ABOUT YOUR INSTRUCTOR:**

Tiffany Olson earned a B.S. and M.S. in Communication at Illinois State University. She has nearly 30 years of teaching experience, both in the college classroom and in the corporate environment. She enjoys helping her clients hone their skills through workshops and one-on-one coaching.

#### **PRAISE FROM PAST ATTENDEES:**

*"I really liked how interactive this workshop was. Before we'd even left the conference room, I could feel a positive shift in the dynamics of our group. I can't wait to see how our team uses what we learned today and continues to jell together."*