

**WORKSHOPS
THAT WORK**



BRIDGING THE CONFIDENCE GAP

HOW TO SUCCEED AT UPFRONT COMMUNICATION

CUT THROUGH THE INNER NOISE AND FIND YOUR VOICE

Research shows that women feel less confident than men in their own abilities, and this confidence gap stifles and inhibits effective communication. We've probably all been there - frustrated by a thousand thoughts preventing us from speaking up confidently when we need to. But there is a way - for both men and women - to cut through the frustration and inner noise to be un-apologetically bold communicators.



Mind the Gap

What is the confidence gap?



You Are Here

Why does the confidence gap exist?



Building Bridges

What can you do about it?



ABOUT YOUR INSTRUCTOR:

Tiffany Olson earned a B.S. and M.S. in Communication at Illinois State University. She has nearly 30 years of teaching experience, both in the college classroom and in the corporate environment. She enjoys helping her clients hone their skills through workshops and one-on-one coaching.

PRAISE FROM PAST ATTENDEES:

“Both men and women were able to gain something from this workshop. Tiffany provided takeaways for all levels of employees and addressed some gender stereotypes in a way that was both sensitive yet realistic.”