

**WORKSHOPS  
THAT WORK**



# FOUNDATIONS OF PUBLIC SPEAKING

## TURN YOUR BIGGEST FEAR INTO YOUR BIGGEST SKILL

Public speaking is not just the #1 fear people have, it's also the #1 skill employers are looking for in new hires. For many the feeling of "I'm not good at it and never will be" is difficult to conquer. With this workshop, experienced Communication Instructor, Tiffany Olson, will meet you where you are and take you to the next level by providing strategies to help conquer that fear.



### Message Design

Learn how to craft what you want to say.



### Dynamic Delivery

Learn how to say it in an engaging way.



### Putting It All Together

Learn the practical application of these skills.



### ABOUT YOUR INSTRUCTOR:

Tiffany Olson earned a B.S. and M.S. in Communication at Illinois State University. Over the last twenty+ years, Tiffany has taught communication courses at the college-level and now focuses her attention on corporate clients, helping them hone their skills through workshops and one-on-one coaching.

### PRAISE FROM PAST ATTENDEES:

*"Tiffany ran a full-day presentation skills workshop and then followed up by role-playing with sales reps and evaluating their final capstone projects. Her non-biased evaluation was invaluable. She has now been a part of our training team for over seven years."*