

**WORKSHOPS
THAT WORK**



BRIDGING THE CONFIDENCE GAP

HOW TO SUCCEED AT UPFRONT COMMUNICATION

CUT THROUGH THE INNER NOISE AND FIND YOUR VOICE

In her book *Playing Big*, author Tara Mohr puts the problem this way: “Most women I know feel great pressure...to say what they really want to say, while also...being nice, ever flexible, ever calm.” We’ve probably all been there - frustrated by a thousand thoughts preventing us from speaking up confidently when we need to. But there is a way to cut through the frustration and inner noise to be un-apologetically bold communicators.



Mind the Gap

What is the confidence gap?



You Are Here

Why does the confidence gap exist?



Building Bridges

What can you do about it?



ABOUT YOUR INSTRUCTOR:

Tiffany Olson earned a B.S. and M.S. in Communication at Illinois State University. Over the last twenty+ years, Tiffany has taught communication courses at the college-level and now focuses her attention on corporate clients, helping them hone their skills through workshops and one-on-one coaching.

PRAISE FROM PAST ATTENDEES:

“Both men and women were able to gain something from this workshop. Tiffany provided takeaways for all levels of employees and addressed some gender stereotypes in a way that was both sensitive yet realistic.”